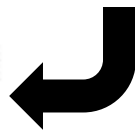


Understanding Learning Styles



Learning Styles Quick Assessment



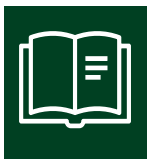
Visual Learning

- Visual learners prefer seeing and using visual aids to absorb information
 - Mind Mapping
 - Flashcards with Pictures
 - Color-Coding
 - Infographics



Auditory Learning

- Auditory learners benefit from listening to absorb information
 - Podcasts & Audiobooks
 - Group Discussions
 - Recording Lectures
 - Songs or Rhymes



Reading & Writing Learning

- Reading and writing learners prefer engaging with written materials and expressing their understanding through writing
 - Note-taking
 - Journaling
 - Creating Outlines



Kinesthetic Learning

- Kinesthetic learners learn best when they can physically engage with materials, using their hands and bodies
 - Hands-On Experiments
 - Role-Playing
 - Movement-Based Learning
 - Building Models